



Arapahoe, Douglas
& Elbert Counties

The Music Within

Understanding and Living Authentically With Autism

Dates: Thursdays, Oct 5th, 12th, 19th and 26th.

Time: 6 pm

Location: Virtual (Zoom)

Benino Coscia is a 12-year-old boy with autism who authored a book to help children and individuals with autism. Benino is starting a Non-Profit organization to help individuals with autism live authentically and stand out with their autistic strengths in a world that expects them to fit in.

This workshop is intended for individuals with autism age 8+, anyone in supporting role of someone with autism, or anyone with an interest in learning about autism and neurodiversity.

What Will You Learn?

Traits of Autism

There are general traits that some individuals with autism have that might cause them to feel and act in certain ways that people may not understand. You'll learn about traits of autism that you must know, how they can impact your daily life or that of those you care for, and what you can do about it.

How to Cope

Learn how to live and cope with these traits of autism, and even how to use them to your advantage. Family, friends, and caregivers will learn how to best support individuals with autism.

Famous People with Autism

Be inspired by past and present famous people with autism and what this means about you or the one you care for.



"Life has been hard for me, and when I didn't know I had autism, I thought something was really wrong with me. Now I see that I'm just "Different, Not Less". We need self-awareness of our autistic traits, how they impact us, and what we are to do about them, and that's what I want to share with you in this fun workshop."

RSVP DETAILS

QUESTIONS? Contact Luke Wheeland at Luke@arc-ad.org / REGISTER: <https://bit.ly/48hyjdw>